Appendix A

Selected Examples of "Sample" Action Plans



About this Appendix

This appendix contains an example of a sample plan for an engineering strategy and one example for a behavioral change strategy. The SHSP website will contains a compilation of sample action plans, as developed by the seven task teams, for most of the critical strategies identified.

The principal differences between a work plan and an action plan are that the action plan is more specific to an organization, that it lists the specific tasks that need to take place in order to implement the strategy and that it provides a timeline. Another difference is that the action plan could also be focusing on a sub-strategy emanating from a broader strategy. For one work plan, there could be more than one action plan corresponding to several sub-strategies.

The intent of the sample action plans is to help the organizations involved with the implementation of a strategy brainstorm and develop a road map to accomplish the strategy. Each of the organizations involved should developed its own specific action plan and get support from its leaders. These action plans will describe specifically how the organization will implement the assigned strategies from the working plans.

The appendix is organized in two parts. The first part is devoted to the sample action plans corresponding to a strategy under the CEA 1, Keeping Vehicles on the Roadway. For this example, the work plan selected was for strategy 6 shown on page ZZ of Section 5.1.5. For this work plan, two sample action plans are presented, one for a municipality and one for VAOT. Two sample action plans for this strategy are provided because the actions needed to accomplish the strategy are different for a municipality and a state government.

The second example of a sample action plan is for CEA 5, Impaired Driving. Strategy 3 on page **ZZ** of Section 5.1.5 was selected as an illustration. For this work plan, five sample action plans were developed, one for each of the sub-strategies under the corresponding work plan.

Part I - Sample Action Plans for an Engineering Work Plan



CEA 1 Reducing Impaired Driving

Strategy 6 Improve clear zone by removing, relocating, shielding, or delineating roadside

<u>objects</u>

Sub-Strategy 1 Municipal Appraoch

Targets Fixed-object crashes on 50 mph 2-lane rural highways

Description Remove/relocate fixed objects from clear zone

Relocate utility poles (install underground utilities, move utility poles

to inside of curves, relocate outside clear zone)

Install breakaway features on fixed objects that must remain in clear

zone (such as mailboxes, light poles, sign posts)

Implement local zoning rules to establish safe setbacks for fixed

objects outside highway right-of-way

Shield fixed objects (guardrail, embankments, crash attenuators)

Delineate fixed objects (reflective bands on utility poles and trees, reflective strips on posts/roadside hardware, post mounted object markers, reflective collars for moose, delineate existing guardrail

ends, repair and maintain in-guardrail reflectors)

Actions Step 1: Establish a procedure to obtain crash data

Step 2: Compile crash data and anecdotal data to identify target areas.

Step 3: Determine the number of locations needing improvements.

Step 4: For each location, perform site visit to determine appropriate sub-strategy for implementation

Remove/relocate from clear zone wherever feasible

Install breakaway features or shield

Delineate if removal/shielding not feasible

Step 5: Determine cost for each location based on improvement needed

Step 6: Prioritize locations based on highest number of fixed object crashes and

AADT.

Step 7: Identify funding

Step 8: Schedule work to be done with "real" completion date.

 Incorporate strategy into future roadway and utility upgrade projects where timing is favorable.

Step 9: Do follow-up study to determine effectiveness.

Step 10: Send study to VAOT for summarization.

Time Frame From the time the SHSP is accepted and this sub-strategy is funded, the time frame

should be:

Step 1: within six months; Steps 2 & 3: within 3 months of obtaining the data. Step 4: over the next 3 to 5 months following step 3, Steps 5 & 6: within 1 month of step 4; Steps 7 & 8: tailor to needs; Step 9: for each location, once a year for 3 years; Step

10: once a year.

Output Number of locations treated

Data Needed Crash data to identify sections with high numbers of fixed-object crashes. AADT

information. Target roadway feature identification by towns and AOT districts.

Data Collection Highway Research, Traffic Research, and town public works staff

Funding VAOT Highway Safety Improvement Program, High Risk Rural Roads program with

local match, local funding.



CEA 1 Reducing Impaired Driving

Strategy 6 Improve clear zone by removing, relocating, shielding, or delineating roadside

<u>objects</u>

Sub-Strategy 2 VAOT Appraoch

Targets Fixed-object crashes on 50 mph 2-lane rural highways

Description Remove/relocate fixed objects from clear zone

Relocate utility poles (install underground utilities, move utility poles

to inside of curves, relocate outside clear zone)

Install breakaway features on fixed objects that must remain in clear

zone (such as mailboxes, light poles, sign posts)

Implement local zoning rules to establish safe setbacks for fixed

objects outside highway right-of-way

Shield fixed objects (guardrail, embankments, crash attenuators)

Delineate fixed objects (reflective bands on utility poles and trees, reflective strips on posts/roadside hardware, post mounted object markers, reflective collars for moose, delineate existing guardrail

ends, repair and maintain in-guardrail reflectors)

Actions

Step 1: Once a year, request crash data pertaining to hitting a fixed object from Highway Research for the most recent 3 years.

Step 2: Compile crash data and anecdotal data from districts to identify target areas.

Step 3: Determine the number of locations needing improvements.

Step 4: For each location, perform site visit to determine appropriate sub-strategy for implementation (request towns to participate if on town roads)

Remove/relocate from clear zone wherever feasible

Install breakaway features or shield

Delineate if removal/shielding not feasible

Step 5: Determine cost for each location based on improvement needed

Step 6: Prioritize locations based on highest number of fixed object crashes and AADT.

Step 7: Identify funding (work with towns if on town roads)

Step 8: Design solution if necessary

Step 9: VAOT or towns schedule work to be done with "real" completion date.

 Incorporate strategy into future roadway and utility upgrade projects where timing is favorable.

Step 10: Do follow-up study to determine effectiveness.

Time Frame From the time the SHSP is accepted and this sub-strategy is funded, the time frame

should be:

Step 1: within 3 months; Steps 2 & 3: within 3 months of obtaining the data. Step 4: over the next 3 to 5 months following step 3, Steps 5 & 6: within 1 month of step 4; Steps 7, 8 & 9: tailor to needs; Step 10: for each location, once a year for 3 years.

Output Number of locations treated

Data Needed Crash data to identify sections with high numbers of fixed-object crashes. AADT

information. Target roadway feature identification by towns and AOT districts.

Data Collection VAOT Districts, Highway Research, Traffic Research

Funding VAOT Operations, VAOT Highway Safety Improvement Program, VAOT Projects,

High Risk Rural Roads program, Local Match as needed.



Part II- Sample Action Plans for a Behavioral Type Work Plan



CEA 5 Reducing Impaired Driving

Strategy 3 Create the public perception that DUI apprehension is likely

Sub-Strategy 1 Greater publicizing of existing enforcement programs

Targets The general public and high prone segments such as male drivers.

Description Create a communication policy to handle dui arrests. Have law enforcement

agencies work more closely with media groups publicizing DUI Enforcement, Apprehension and the Adjudication process of offenders. Include names of

individuals involved as well as their past history. Complete follow up press releases

for major incidents.

Actions Step 1: Establish sub-committees in four different parts of the State include

somebody from the media in addition to law enforcement in each sub-committee.

Step 2: Have one or two meetings at the sub-committee level and send the results to

other sub-committees.

Step 3: Hold one meeting with the chairs of the sub-committees to firm up a policy

Step 4: Send the draft policy to the sub-committees for review.

Step 5: Implement the policy.

Step 6: Gauge the process and refine the policy as needed.

Time Frame From the time the SHSP is accepted and this sub-strategy is funded, the time frame

should be:

Step 1: within one month, Step 2: within two months, Step 3: within three months,

Step 4: within four months, Step 5: within four months, Step 6: within twelve months

Output A policy and process to handle DUI cases with the Media

Data Needed Number of arrests, number of DUI related crashes (by severity) and highest number

of incidents by town and roadways.

Data Collection Not all enforcement agencies work under the same computer system, therefore each

department should be responsible for collecting data to ensure accurate numbers.

CEA 5 Reducing Impaired Driving

Strategy 3 Create the public perception that DUI apprehension is likely

Sub-Strategy 2 Print and television/radio media campaigns

Targets The principal target market of this strategy is the general public, and high prone

segments such as male drivers.

Description Targeted periodical print and television/radio media campaigns.

Actions Step 1: Establish an advisory committee. The committee will be responsible for all

decision-making with regards to the campaign

Step 2: Prepare and send a RFP to hire a marketing firm

Step 3: Select firm and execute contract

Step 4: Collect information to determine what type of message is need and what

level of intensity is required.

Step 5: Develop a message that conveys the notion that arrest after drinking and driving is highly probable, develop a print literature campaign to raise awareness of this issue and distribute them to DMV offices, police stations, high schools, senior

centers, hospitals, and anywhere they are likely to be read.

Step 6: Develop Public Service Announcement(s) and paid media campaigns to raise awareness of the likelihood of arrest and distribute them to radio stations throughout the state and bordering states radio stations as well as local television

stations.

Step 7: Work in collaboration with Strategy 1 to generate major news outlet interest

in the increase in DUI arrests.

Step 8: Conduct a follow up telephone survey to evaluate the change in the public

perception of being arrested (use BRFSS if possible).

Time Frame From the time the SHSP is accepted and this sub-strategy is funded, the time frame should be:

Step 1: within three months: Step 2: within five months: Step 3: within eight months:

Step 4: within nine months; Step 5: within eleven months; Step 6: within twelve months; Step 7: within twelve months; Step 8: two months after the initiation of PSAs

and news outlet stories

Output Print messages published, PSAs developed and played and news stories generated.

Data Needed Information to determine what type of message is need and Pre-, post, and annual

telephone survey results to evaluate public perceptions

Data Collection Try to use Behavioral Risk Factor Surveillance System if not conduct annual surveys

CEA 5 Reducing Impaired Driving

Strategy 3 Create the public perception that DUI apprehension is likely

Sub-Strategy 3 High-visibility checkpoints & Conduct phantom checkpoints

Targets Drivers that may be at risk to drink and drive. Upon seeing the phantom checkpoint

being assembled, these drivers will (hopefully) decide not to drink, use a designated

driver or use other transportation choices other than driving themselves.

Description Phantom checkpoints create the illusion that more checkpoints are being conducted

than actually are conducted. A small cadre of people, not necessarily law enforcement personnel, can go to a location with checkpoint equipment (signs, cones and lights) and begin setting up the equipment in an area adjacent to a well traveled road where DUI crashes or arrests are frequent. Without ever putting checkpoint equipment in or on the roadway, the cadre can disassemble the

equipment and move to another location and repeat the process.

Actions Step 1: Establish a phantom checkpoint committee.

Step 2: Prepare, circulate and adopt a statewide phantom checkpoint policy and

procedure.

Step 3: Identify sources of phantom checkpoint equipment.

Step 4: Promote the use of phantom checkpoints to community groups interested in

deterring drinking and driving.

Step 5: Phantom checkpoints pilot program to be performed every weekend during

the summer months in one selected county.

Step 6: Maintain a phantom checkpoint advisory group to collect phantom checkpoint activity reports, address problems encountered, lessons learned and

continue promotion of the activities.

Time Frame From the time the SHSP is accepted and this sub-strategy is funded, the time frame

should be:

Step 1: within two months; Step 2: within six months; Step 3: within six months;

Step 4: within nine months; Step 5: within 9 months; Step 6: within twelve months

Output The number of phantom checkpoints conducted

Data Needed The number of phantom checkpoints conducted, by area, date, time and duration

Data Collection The entities involved in the program

CEA 5 Reducing Impaired Driving

Strategy 3 Create the public perception that DUI apprehension is likely

Sub-Strategy 4 Awareness of DUI Hot-Lines

Targets The general public.

Description Create awareness of the DUI hotline and discuss the suitability of the current number

(The DUI hotline is 888-GET-ADWI (888-438-2394) and not 800-GET-ADWI. The person who owns the roofing materials company who has the phone number 800-GET-ADWI (800-438-2394) gets about 2 to 3

calls a month from people wanting to report a drunk driver.)

Actions Step 1: Form a committee to discuss the understanding of the current 888-GET-

ADWI hotline.

Step 2: Consider revising the number

Step 3: Develop a policy to have the number shown on all press releases

Step 4: Work with the media to have the number mentioned whenever a DUI article

is published in a newspaper

Step 5: Develop a print media campaign to promote the number (Specific ads to appear at a minimum of three times during the year to correspond with high DUI-

prone months)

Time Frame From the time the SHSP is accepted and this sub-strategy is funded, the time frame

should be:

Step 1: within two month; Step 2: within two months; Step 3: within two months; Step

4: within two months; Step 4: within six months.

Output Print media messages Published

Data Needed Public perception and use of current hot-line number, phone numbers available

Data Collection From Dispatch centers and discussions with different law enforcement agencies

CEA 5 Reducing Impaired Driving

Strategy 3 Create the public perception that DUI apprehension is likely

Sub-Strategy 5 Related evaluation of CEA 5/Strategy 3

Targets The general population and the subset of those who drink

Description Conduct of before and after telephone survey to gauge the perception of being

arrested after drinking and driving in support of the combination of the sub-strategies

for CEA 5/Strategy 3. Use BRFSS if possible.

Actions Step 1: Inquire to the Health Department if prior BRFSS data exist to get a basis for

comparison, if not conduct a telephone survey by hiring a marketing firm.

Step 2a: Yearly, prepare the proposal to have a question related to drinking and

driving and the likelihood of being arrested in the annual BRFSS

Step 2b: If proposal is not accepted, then conduct a telephone survey by hiring a

marketing firm.

Step 3: Analyze the data

Step 4: Repeat steps 1 to 3 until the program is completed.

Time Frame From the time the SHSP is accepted and this sub-strategy is funded, the time frame

should be:

Step 1: within one month (conduct of a separate survey would be within 6 months); Step 2a: follow the process established by DOH; Step 2b: if necessary, follow the

timeframe proposed by DOH for the BRFSS; Step 3: within three months following

the conduct of the survey.

Output Before and after surveys conducted

Data Needed Pre-, post, and annual telephone survey results to evaluate public perceptions

Data Collection Ideally, use the BRFSS to gauge changes increase in the perception of being

arrested. Ensure that the question related to the likelihood of being arrested is part of

the BRFSS each year until 2010.

Funding 402 funds and HSIP funding